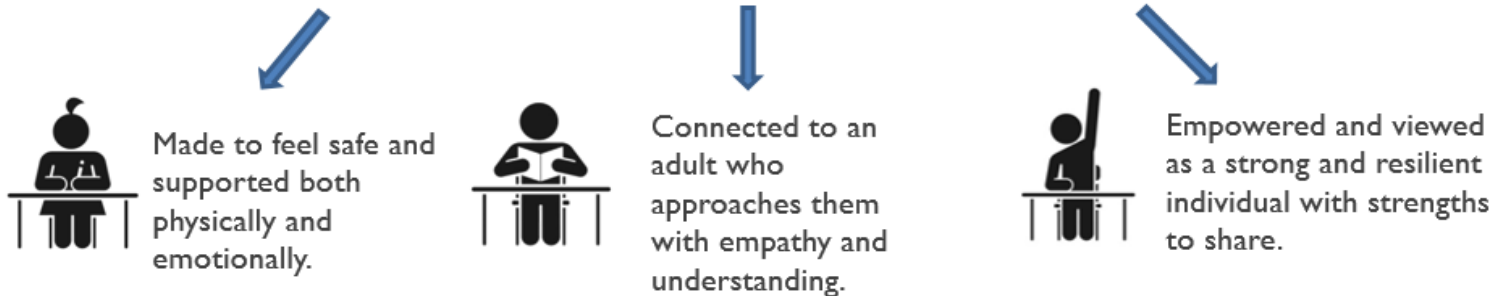


The final diagram in this info-brief illustrates the positive effect of a trauma-sensitive approach on school success.

The Positive Effects of a Trauma-Sensitive Approach

Trauma-sensitivity is not about treating trauma symptoms themselves, but rather, creating the environment in which a person is...



When this happens, students may demonstrate **positive behavioral changes**, such as...

- **Less aggression** (e.g. can identify triggers and follow a plan to cope)
- **Ability to self-regulate** (e.g. breathing deeply to calm oneself down when becoming agitated)
- **Making better decisions** (e.g. coming to school everyday because they see how it will impact their future)
- **Becoming more independent** (e.g. able to make a plan and see it through)
- **Increased self-confidence** (e.g. doesn't self-blame or isolate)
- **Improved relationships** (e.g. able to ask an adult for help when needed)

Visit NYS-TEACHS' **Trauma-Sensitivity and School Success** info-by-topic page for more strategies for implementing each of the three elements of the School Success Framework.